



Team Turtle



**5th Annual 5K Run & Fun Walk
Saturday November 19, 2011 at 10:00 a.m.**

Sponsored by:



Where: Rarity Bay Information Center 100 Rarity Bay Parkway,
Vonore TN 37885

Course: 5K Run: Beautiful, scenic and physically satisfying
course that runs through Rarity Bay which is a waterfront golf
community. This course is considered moderate.

Directions: From Knoxville, take I-75 South to Exit 72. Left on Hwy 72 travel 13 miles, entrance is on the Left.

Registration & Fees: Pre-registration fee \$20, Pre-registration for K-12 \$15 (post marked by Nov 11th); Late registration \$25 and K-12 \$20. All proceeds support Cystic Fibrosis Foundation Packet Pickups and day of race registration beginning at 9:00 a.m. In front of Information Center.

T-Shirts: Custom designed race shirts guaranteed to everyone who pre-registers. Day of race registrants will receive shirts as supplies last.

Awards: Ceremony will follow 5K race. Overall 1st place Male & Female and top three overall in each age division: Male/Female 12 and under; 13-18; 19-29; 30-39; 40-49; 50-59; 60+

Info & Race Forms: Available at Rarity Bay Info Center, Serenity Salon or call Cindy at 423-420-9335 or email serenity4u@charterinternet.com

Return form with check or money order made payable to: Team Turtle PO Box 413 Englewood, TN 37329

5K Run _____ Fun Walk _____ "Spirit Racer" _____
("Spirit Racer" supports program, pays entry fee, receives a t-shirt, but does not have to participate.)

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Sex (circle): Male Female

Age on Race Day _____ Date of Birth _____ T-Shirt (circle) YM YL S M L XL XXL

Emergency Contact _____ Phone _____

ATHLETE'S RELEASE: PLEASE READ. YOU MUST SIGN & DATE TO PARTICIPATE.

I know that running and/or volunteering to work in races are potentially hazardous activities. I should not enter and run in the "Team Turtle" 5K or Fun Walk/Run unless I am medically able and properly trained. I assume all risk associated with running and or volunteering to work in the aforementioned race. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself, and anyone entitled to act on my behalf release Rarity Bay Community, Team Turtle, Serenity Salon and all members thereof, and all further sponsors, their representatives and successors from all claims and liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this even for any legitimate purpose.

Signature

Parent's Signature (Under 18)

Date