

GMW Chapter News

Footnotes 2010



Cystic Fibrosis Foundation Greater Michigan West Chapter

2010 GMWM GREAT STRIDES Team Registration Tops 2009!



A GREAT BIG round of applause to all of you who have registered your 2010 walk team. We currently have 2976 registered walkers compared to 2250 in 2009. Why is this important? This means that more teams are starting their fundraising earlier. It means our fundraisers are contacting more people, taking a little extra time to ensure that they reach the goal set for their team. 2010 Registered Teams include

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Grand Rapids

1. 8/40 Kent County
2. Ally's Allies
3. Cameron's Friends
4. Chelsea's Cheerleaders
5. Erin's Angel's
6. Friends on the Move
7. Greater Michigan CFF Foundation
8. Hansen Collision
9. Hayden's Heroes
10. Karrigan's Heroes
11. Logan's Heroes
12. MI4 Heather
13. Mel's Buddies
14. Noah's Team
15. Pulmonary Pedestrian's
16. Rowdy Rebels
17. Ryan's Hope
18. Sweeney Striders
19. Team Evangeline
20. Team Johnny—Kent County Sheriff Department
21. Team Myers
22. Team Widlak
23. Walking for Dane
24. Walking for Abby

Kalamazoo

1. Caribbean Friends
2. Harrison's Heroes
3. Lindsay's Walkers for a CURE
4. Mackenzie B Team
5. Oren's Team
6. SSBI Team
7. Team Halder
8. Team Liam
9. Team Rachel
10. Team Scrubby
11. Team Tommy G
12. The Milers

Grand Haven

1. 6 South Stars
2. Bol/Shields
3. Ferrysburg Church
4. Karlie's Corner
5. Meagan
6. Passionate for Payton
7. Team Blueberry
8. The Landheer Family

Edmore

1. Little Steppers
2. Sammy's Guardian Angels
3. Still Walking for Jamie
4. The Biking Team

Muskegon

1. Ally's Allies Too!
2. Bean's Team
3. Herlein's Heroes
4. Krutzer's Walkers
5. Team Amber
6. Team Kim
7. Team Tylor

East Jordan

- East Jordan Elementary
Holm Heroes
Mark 10:27
St. Joe Church East Jordan
Team Robbie
Trent Harter Memorial Ride

Holland

1. Anytime Fitness—Holland
2. BR 4 CF
3. Herman Miller
4. S Night Club
5. Salon Cheveux
6. Soho Salon

St. Joseph

1. Berrien Teachers CU
2. Hannah's Hikers
3. Lancer's for a CURE
4. Remembering Devon
5. Team Heyde
6. Team Whirlpool



Congratulations to January & February Contest Winners!

Recently we were able to offer our volunteers two contests for simply registering their team and walkers.

FREE FOOD! Congratulations to Beth Lintemuth Grand Rapids GS for winning a \$25.00 Gift Card to a restaurant of her choice for registering her GREAT STRIDES team before January 29, 2010.

Tickets to Lewis Black—Jeanette Hudak from GS Grand Rapids won the Lewis Black tickets and gave them to her daughter Chelsea (who is a CF patient) and one of Chelsea's friends. This was a state wide contest open to all participants who registered to walk in a GREAT STRIDES walk at any site in the state of Michigan. Thank you to Lewis Black for generously donating these VIP tickets to his show.

Here is another chance for GREAT STRIDES participants to win more great prizes

Team Week March 15–19

Team Leaders—are you ready to take your fundraising up a notch? Competing in Team Week activities will help you recruit fundraising walkers and help you become more familiar with the GREAT STRIDES website.

Monday March 15 - All team leaders who are registered for GREAT STRIDES by 5:00 on Monday will be entered into a drawing to receive a \$15.00 gift card to Coldstone Creamery

Tuesday March 16—All team leaders that send an email from the GREAT STRIDES website (minimum of 20 emails) inviting past and potential walkers to join their team will be entered to win a copy of the book "With Every Breath, stories by and about people living with CF" You must send a copy of the email to drobinson@cff.org to qualify for the drawing. 2 winners will be chosen)

Wednesday March 17—All walkers who register and customize their personal page on the GREAT STRIDES website will be entered in a drawing to win a large blue messenger bag and a \$25.00 gift card to a restaurant of your choosing . You must send a link to your personal customized page to drobinson@cff.org

Thursday March 18—All walkers who place the GREAT STRIDES widget on their social networking sites will be registered to win a \$10.00 gift card and coffee mug to Biggby. You must send a link to your facebook or myspace page to drobinson@cff.org by 5:00 on March 18

Friday March 19—All Team leaders who have at least 10 FUNDRAISING walkers registered by 5:00 will be entered in a drawing to win a pizza party for his or her team. (Team's must have 10 walkers who have raised a minimum of \$5.00 each to qualify)



TAKING STEPS TO CURE CYSTIC FIBROSIS

Saturday May 8, 2010

Kalamazoo, 10:00 a.m.
Bronson Park

Saturday May 15, 2010

Grand Rapids, 9:00 a.m.
Calder Plaza

Sunday May 16, 2010

Grand Haven, 1:00 p.m.
Farmer's Market

Edmore, 1:00 p.m.
Gayle's Gym

Saturday May 22, 2010

Holland, 3:00 p.m.
Waukazoo Park

Sunday May 23, 2010

Muskegon, 2:00 p.m.
Marquette Pier

St. Joseph, 1:00 p.m.
Riverview Park

Saturday June 26, 2010

East Jordan, 11:00 a.m.
East Jordan, HS

High Five The Drew Stanton Foundation Golf Outing to benefit CFF

Friday June 4, 2010. College Acres Okemos, MI

Cycle for Life

Saturday July 24, 2010

Tee up for CF

Boulder Creek Golf Club
Thursday August 5, 2010

Wine and Roses for CFF

Hilton—Airport, Grand Rapids
Friday October 15, 2010

Murder Mystery Dinner

Radisson Plaza, Kalamazoo
October 29, 2010

Climb for Life

November 2010

<http://greatstrides.cff.org>

Give a Day—Get a Disney Day

The Give a Day Get a Disney Day program celebrates the good work of volunteers by giving each of them a one day admission to theme park at Disneyland Resort or Walt Disney World Resort Free.

To qualify for this program by volunteering for the CF Foundation, simply go to www.disneyparks.com and search the opportunities for the GREAT STRIDES walk in your community. Contact your GREAT STRIDES fundraising partner to develop your fundraising plan, complete the plan and turn it in on or before walk day. We will verify your volunteer time within 2 weeks of your walk.

Other opportunities are available for events other than GREAT STRIDES. Please contact your Staff Partner if you do not see an opportunity listed that fits your needs.

Chapter Volunteer Recognition Reception

The Cystic Fibrosis Foundation Recognition Reception is an exclusive reception sponsored by CF Services. At the reception we highlight the impact local volunteers are making to make CF stand for Cure Found! Our top volunteers, fundraisers and supporters are recognized. This year's award recipients included:

Largest Fundraising Team Per Site

- Grand Rapids—Jennifer Clary
- Kalamazoo—Jane Leeuw
- St. Joe—The Buck Family
- Edmore—Jamie Purchase
- East Jordan—Tina Holm
- Grand Haven—Amanda Bol
- Muskegon—Paula Woodhouse

- Outstanding New Volunteer—Jennifer Clary
- Outstanding Community Event—High 5ive, The Drew Stanton Foundation
- Outstanding Corporate Support—Eve Rogus from The Lighthouse Group and Jim Jonkman from Olive Garden
- Outstanding New Walk Site—Jamie Purchase and Ken Ferrier
- Outstanding CFF Supporter—Emily Richett from Fox 17

Spread the Word

You can stay connected to the CF Foundation and help spread the word about GREAT STRIDES through your favorite networking sites.

Twitter

Follow us on Twitter for up-to-the-minute updates and engage in conversation.

Follow @CF_GreatStrides

Follow @CF_Foundation

Follow @grandrapids_cf

Follow @KalamazooCFF

Join us on Facebook

Become a fan of our Facebook page and meet and interact with thousands of CF families, volunteers and friends.

Join us on YouTube!

Watch the latest GREAT STRIDES ideas and learn more about CF on your YouTube channel—CysticfibrosisUSA



...adding tomorrows every day.

Cystic Fibrosis Foundation Greater Michigan West Chapter

Cystic Fibrosis Foundation
551 36th St. SE Suite C
Grand Rapids, MI 49548

Phone: 616-241-2100
1-800-968-1050
Email: grapids-mi@cff.org

"Adding tomorrows everyday"

[WWW.CFF.ORG/
CHAPTERS/GRAND-RAPDS](http://WWW.CFF.ORG/CHAPTERS/GRAND-RAPDS)

[WWW.CFF.ORG/
GREATSTRIDES](http://WWW.CFF.ORG/GREATSTRIDES)

The Mission of the Cystic Fibrosis Foundation, a non-profit donor supported, organization is to assure the development of the means to cure and control cystic fibrosis and to improve the quality of life for those with the disease.

Do you have an hour or two?

Our chapter is looking for volunteers to spend an hour or two in our office.

As a volunteer you would help with many duties, which may included: filing, contacting companies for auction items or donations, answering the phone, calling volunteers, and preparing office for special events.

If you are interested and have an hour or two per week, we would love to have you. Please contact Jay Simon or Danielle Robinson at 616-241-2100. We hope to hear from you!

700 Sq FT?



Do you have an extra 700 square feet of office space? Our chapter office is looking for new and hopefully free office space to move into this fall. If you have or know of someone that might be interested in donating office space to the CF Foundation, please contact Jay Simon at 616-241-2100.

Who is your CF Foundation Staff Partner?

Do you have questions about GREAT STRIDES, the website, setting a fundraising goal, or need ideas to get your fundraising underway? Your GREAT STRIDES partner is available to help you with anything you may need for your walk team and fundraising efforts.

Jay Simon

Executive Director

Holland GS, Grand Haven GS, Muskegon GS, East Jordan GS

Wine & Roses For Cystic Fibrosis

Climb for Life

CF Cycle for Life

Email: jsimon@cff.org

Phone: 616-241-2100 or 800-968-1050

Danielle Robinson

Director of Special Events

Edmore GS, Kalamazoo GS, Grand Rapids GS, St. Joseph GS

Tee Up for CF, & CFF Celebrity Golf

Murder Mystery

Email: drobinson@cff.org

Phone: 616-241-2100 or 800-968-1050