

Here are 3 quick and easy ways you can raise an additional \$100 to help us reach our chapter goal and become one of the lucky individuals entered into the iPad drawing:

- 1. Fundraise in the Community - Host a Proceeds Night at a local Restaurant.** Friendly's Restaurant is a great place to host a proceeds night. Multiple walk teams have had great success working with their local restaurant. **Guest Bartend at a local bar/restaurant.** Ask a local bar/restaurant if they will allow you and your GREAT STRIDES team members to "guest bartend" on a slow night, with tips (and maybe even a portion of the evening's proceeds) going to the Cystic Fibrosis Foundation.
- 2. Fundraise in your Workplace - Organize a "Jeans for Genes" Day** at your place of employment. Designate a day at work to wear denim in exchange for a (e.g. \$5) donation to the Cystic Fibrosis Foundation. If your environment is already casual, consider a Hawaiian shirt day or hat day.
Host an "Ice Cream Social" at your place of employment. Ask the president of your company, or a department manager, to scoop the ice cream. Employees can make a donation in exchange for a frozen treat, and see their favorite senior manager in action!
- 3. Fundraise Online - Send one more email blast.** Certainly there are a few folks you forgot to ask, or others who have yet to respond to your request. **Spread the word on Facebook.** Update your status with a message about GREAT STRIDES and provide a link to your fundraising page.

Looking for more ideas? Call the Delaware Valley Chapter at (610) 325-6001. We are more than happy to help!

*\$100 must be donated online or mailed to the following address by July 12 to qualify for drawing:

Please mail donations to:

Cystic Fibrosis Foundation
Delaware Valley Chapter
2004 Sproul Road, Suite 208
Broomall, PA 19008