

February 2009

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RICKELLE RUBY ACCEPTS LIFETIME ACHEIVEMENT AWARD FROM THE CYSTIC FIBROSIS FOUNDATION

Rickelle Ruby was presented with the Lifetime Achievement Award for twenty years of leadership and for her efforts in raising more than one million dollars towards Cystic Fibrosis science and care at the Cystic Fibrosis Foundation Annual Meeting & Volunteer Appreciation Event. In her acceptance speech Rickelle noted, "none of these successes are solely because of one individual, but it's a committee of people with staff and community that create these accomplishments".

Seventeen other individuals, families and corporations were honored for their volunteer leadership and support of the Cystic Fibrosis Foundation. They are:

Corporate Support & Leadership

2007- Mitsubishi Electric

2008 – Duke Energy and Pomeroy

Friends of the Foundation

Dr. Jim Kolp

Tim Bien

Mike and Teri Woods

Jack and Karen Kohler

Wayne Wheeler

Jenny Bulach

Outstanding Contribution

Kevin Comer – Ample Agency for the re-branding campaign of *Run Like Hell*

The Duct Tape Gang – Jim Lang, Jim Lohre, Gary Lightner and Mark Fortner

2007 Volunteer of the Year

Wayne Jones and Linda Hood

2008 Volunteer of the Year

Renee, Tom, Hannah and Tommy Donoghue



The Donoghue Family



Wayne Jones



Rickelle Ruby

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Upcoming Events

Let It Breathe

Friday, March 20, 2009

Voltage Furniture, Oakley

TICKETS AVAILABLE!!

Team For Life

Sunday, May 3, 2009

The Flying Pig Marathon

COME OUT & SUPPORT

OUR RUNNERS!!

GREAT STRIDES

Saturday, May 2, 2009

Hillsboro, Georgetown

Saturday, May 9, 2009

Wilmington, Mason

Saturday, May 16, 2009

Cincinnati, N. Kentucky

Sunday, May 17, 2009

Batesville

Saturday, June 6, 2009

Hamilton, Portsmouth

**BECOME A TEAM
 LEADER! CREATE YOUR**



Let It Breathe

Voltage Furniture in Oakley is proud to once again “bare its floors and throw open its doors” to welcome wine enthusiasts to the 2nd Annual **Let It Breathe**, dinner by the bite and wine tasting event benefiting the Cystic Fibrosis Foundation on Friday, March 20, 2009.

“We were thrilled with the turnout at last year’s event and amazed at the amount of money raised for the CF Foundation,” said Jeff & Julie Hinkel, owners of Voltage Furniture. More than 300 guests enjoyed an evening of fine wines and dinner-by-the-bite from some of Cincinnati’s finest restaurants and purveyors of fine

foods, as well as two floors of live music.

The 2009 Let It Breathe event is proud to welcome **Toyota Trucks** as the Host Sponsor! Guests can park at Crossroads Community Church Annex on Madison Road and be shuttled to Voltage in one of the new Toyota trucks!

Guests of the main event will enjoy 10 wines for tasting, compliments of **Tramonte & Sons**. Guests will also enjoy food from **Brio Tuscan Grille**, **Andy’s Mediterranean Grille**, **BJ’s Restaurant & Brewhouse**, **BlackFinn**, **Pomplio’s**, **Crumbs by Jerry’s Cheesecake**, **Fresh Market** and **Samurai Sam’s**. Live music will be provided by **The Paul Otten Band** and **Ten Foot Big**, who are returning by popular demand and sponsored by **Revlon**. There will be a raffle for a 30-bottle wine cooler filled with a selection of the night’s featured wines, as well as, a silent auction and prized-filled balloon sales. The main event runs from 8:00pm to 11:00pm. Reservations can be made in advance for \$55/person, or at the door for \$65/person.

Guests of **Turner Special Projects VIP Reception & Tasting** will be treated to an Iron Chef competition between Chef Eric Vice of Dilly Deli and Chef Tom Milliken of Polo Grille. In addition, all of the VIP guests will receive a special wine tasting with four elegant wines. The VIP Reception runs from 6:30pm to 8:00pm. Reservations can be made in advance for \$125/person, and includes admission to the main event. Advanced reservations only!

New for 2009 is the Exclusive Sparkling Wine Tasting! The special tasting features sparkling wines from France, Italy, Australia and Spain, served with Cabot’s Cheese. Matt Tramonte, of Tramonte & Sons, will serve as the wine educator for this tasting. The Exclusive Sparkling Tasting runs from 7:00pm to 8:00pm. Reservations can be made for \$70/person and includes admission to the main event. Advanced reservations only!



Rachael Westerfield, Judi Wohlfrom, Jana Moerlien

For more information, or to make your reservation online, please visit <http://cincinnati.cff.org/letitbreathe> or call (513) 533.9300. Online sales end on March 18th so buy yours TODAY!



Turner ≡ Special Projects

REVLON[®]



Loveland Family Practice
Quail Hollow & Sherwood
Knoll Apartments



GREAT STRIDES

Challenge

Long time GREAT STRIDES Team Leader and CF step-father, Wayne Jones, issued a challenge to everyone at the Volunteer Appreciation Meeting:

START A NEW GREAT STRIDES TEAM & RAISE A MINIMUM OF \$500!

Long time CF supporter Tim Comer, stepped up and is the newest GREAT STRIDES Team Leader!

Will YOU accept Wayne's challenge to join in GREAT STRIDES?

greatstrides®



TAKING STEPS TO CURE CYSTIC FIBROSIS

Now more than ever, we need to branch out and bring new people in to the CF Foundation and what a better event than GREAT STRIDES? GREAT STRIDES has more than 3,000 supporters in the Greater Cincinnati area who come together for a 5K walk complete with live music, awards ceremony, Kidz Corner and treats from BJ's Restaurant and Brewhouse...all to raise money and awareness for the CF Foundation!

Wayne and Tim would like to extend this challenge to each and every one of the CF supporters who are not currently involved with GREAT STRIDES. Won't you take five minutes and set up your team online at www.cff.org/greatstrides? Once your team is set up, you can email everyone you know and invite them to join your team or make a donation. Remember, even in this economic time, people still want to give! They may not be able to give as much, but they will give. And if they can't...we always need lots of volunteer help on the day of the walk!

As a bonus—every NEW TEAM LEADER that signs up a GREAT STRIDES team and recruits at least five walkers (with a minimum goal of \$1,000 online) by March 13th, will receive TWO VIP TICKETS TO LET IT BREATHE, the CF Foundation wine and food tasting event held on March 20th at Voltage Furniture!

If you have renewed your team for 2008 or are a new team leader that has already signed up, you are also eligible for these tickets by recruiting a minimum of five new walkers. These walkers need to have raised at least \$250 online by March 13th!

Local Walk Dates:

**Saturday, May 2nd
Hillsboro, Georgetown**

**Saturday, May 9th
Mason**

**Saturday, May 16th
Cincinnati, N. Kentucky**

**Sunday, May 17th
Batesville**

**Saturday, June 6th
Portsmouth, Hamilton**

THANK YOU IN ADVANCE for your support of the CF Foundation's largest and only national fundraising event—GREAT STRIDES! More than \$43 million dollars will be raised across the country on walk weekend, May 16 & 17, and we need you to help hit that goal!



connecting to *CF!*

featuring
**Bethany Rus-
tic-Smith**

My connection to CF started back in 2001 with the birth of my niece Alison. Just 24 hours after she was born, she was rushed away to surgery. It was then that we learned she might have CF. It was just over a week later that we got the official news. Alison spent the next 5 months in the hospital while her twin sister went home with Mom and Dad.

This initial time was very trying for my family... What is CF? What does this mean for her life? What can we do to help her? While my sister and brother-in-law learned about treatment and care, I wondered what I could do to help. Especially since I live in a different city – I couldn't be there to help with her care, but I could help raise money to find a cure.

This is when I reached out to the CF Foundation to get involved. I started as a GREAT STRIDES team captain, then became involved in many of the events, including being on the Board. In 2005, CF started the Wine Opener, now known as Let it Breathe. This was my first forte into Committee Chair for CF. I am so excited that I have gotten to be a part of such an amazing event. We get to enjoy wonderful food and wine, all while helping raise money to find a cure for my niece Alison. Its events like Let it Breathe that help individuals like me feel like we are really making a difference in the lives of our loved ones.



This year's Let it Breathe is coming up on March 20 at Voltage Furniture in Oakley. I hope you'll join me for an evening of fun, friends, food and wine, while helping be a part of the answer for so many children like my niece Alison.

Connecting to CF is a new feature in Chapter Chat highlighting a CF volunteer!



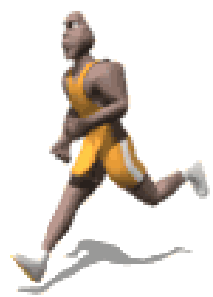
Team For Life

hits the ground running...

The Flying Pig Marathon is only 64 days away!!

Team For Life began training in January and the runners are preparing for a successful Pig day. Our marathoners are well into their training program, and the half-marathoners are right on their heels.

We are still recruiting Relay teams! Have three friends that would be interested in running portions of the Flying Pig course, all while raising money to support CF research? Contact Kelby at the CF Foundation at khicks@cff.org or 513.533.9300. We'd love to have you!



2009 Special Events Calendar



Let It Breathe
March 20, 2009, 8:00pm-11:00pm
Voltage Furniture, Oakley

Team For Life
May 3, 2009, 7:30am
Flying Pig Marathon



GREAT STRIDES
Hillsboro, Georgetown
May 2, 2009, (both begin at 10:00am)
Wilmington, Mason
May 9, 2009, (both begin at 9:00am)
Cincinnati, N. Kentucky
May 16, 2009, (begins at 9:00am)
Batesville
May 17, 2009, (begins at 12:00pm)
Hamilton, Portsmouth
June 6, 2009, (both begin at 10:00am)

Cruising For A Cure
August 29, 2009, 7:30pm
Destiny Yacht



Run Like Hell
October 30, 2009, 7:30pm
Xavier University

Celebrity Waiters
November 10, 2009, 11:00am
Paul Brown Stadium

